

DASH'S ADVICE TO HELP STUDENTS, PARENTS AND TEACHERS

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Intro (questions for audience):

Who knows what "disability" is? Who knows what "disability" means? What are the symptoms of ADHD? Who knows what ADHD causes the kid to do? What are some of the things that help?

For Teachers:

Question: How do I help a kid who's not coming to me for help but needs it?

Answer:

- Get to know them
- Talk to them
- Get to know what they like/ don't like
- You need to gain the kid's trust that you want to understand and find a way to make school work for them
- Give kids more time on homework if they need it: the more time they have, the better the work will be.
- Type up notes for them
- Put notes on their homework asking them to come talk to you
- Be upfront with them
- Tell the students to use their accommodations

For Parents:

- Relating to the teachers:
 - Talk to the teachers about your kid
 - Get to know the teacher
 - Tell the teacher the kid's pet peeves

-Advocate for your kid

-Give this advice to the teacher: "Give my kid specific directions" "Give my kid a formula to follow"

-Relating to your kids:

- Ask your kid(s) first about talking to their teachers about their special needs; the kids should have authority over what the parent can/cannot say to the teacher
- Let your kid dictate work to you to write down if that means they can express themselves

For Kids:

- Tell your teachers what you need/don't need
- Tell them if you need notes
- Tell them if you need to use:
 - a calculator
 - a laptop
 - a quiet place to work
- Tell them if you need to take a break from all the noise or need to move in order to think
- Use books on tape